

**Message from Eric (Toby) Herfindal
President, Pharmacy Alumni Association**

Dear Fellow Alumni:

These are exciting and scary times in health care in general and pharmacy in particular. Pharmaceuticals play an increasingly important role in the health and wellness of the population, but as practitioners, we see the erosion of many of the concepts and ideals that we were taught in school and subsequently put to use in our careers. How do we prepare graduates for this new world? The UCSF Pharmacy Alumni Association is playing an important role in helping the School chart its future and the future of the profession.

The Association has also been busy discussing ways to increase communication among alumni. As you know, Dean Mary Anne Koda-Kimble initiated a *Dean's Update Letter* that comes out twice each year. The purpose is to keep alumni and other members of the School's family informed about School activities. Through the *Alumni Voice*, the Association hopes to keep alumni informed about each other and the activities of the Pharmacy Alumni Association.

In order to succeed, this newsletter has to be YOUR newsletter. To make it meaningful, we need your participation and feedback. We need as much information as you have time to share on what you are doing professionally and, we hope, personally. Our goal as well is for the newsletter to evolve into an alumni-driven sounding board for new ideas and commentary on the profession. I ask that you send information for the newsletter to:

Susan Heath, Editor, *Alumni Voice*, School of Pharmacy, University of California, San Francisco, UCSF Box 0622, San Francisco, CA 94143-0622, Email heath@itsa.ucsf.edu, Tel (415)-476-4240, Fax (415) 476-6632

I look forward to hearing from you.

Toby Herfindal, PharmD '65

**and from
Dean Mary Anne Koda-Kimble**

Dear Fellow Alumni:

Congratulations to the Pharmacy Alumni Association on this first issue of *Alumni Voice*. It has been so very clear to me as I travel and meet alumni that a communication such as this is wanted--a simple, easy to produce publication full of information by and about our alumni. As Toby remarks in his message, the newsletter's ultimate success depends upon a high level of participation by us, the School's graduates. This means I can't ask you to contribute without doing so myself. So, let me update you on some of the recent activities of this alumna, while trying not to repeat what I have shared in the *Dean's Update* letters I have been sending you.

Both for my own professional growth and for the visibility of the School, I have been working as much as possible on the national front. In fact, I was recently elected as chair of the board for the U.S. Pharmacopeia and will be working closely with a former member of our faculty, Roger Williams, MD, who currently serves as CEO and Executive Vice President of the organization. In addition to its focus on reference standards for drugs the USP has been working on a program to help ensure the integrity of ingredients in dietary supplements and standardizing medication error reporting systems.

As many of you know, a classmate and I married just after we finished pharmacy school. Don Kimble, 1969/70, is retired from the profession now but is not resting. Between our three children (now 23, 22, and 22 years old) and a new home in Sonoma County (where we are supposed to relax), we are busier than ever. We have a small but prolific vegetable garden and a wonderful orchard with apple, plum, and pear trees. Now, if we could just corral the Bermuda grass, gophers, deer, and other country critters we would have bouquets to pick and food to eat!

What are you doing these days? Let us know.

Mary Anne Koda-Kimble, PharmD '69

Alumni Meet with Dean in Phoenix

While Mary Anne Koda-Kimble was in Phoenix last May, she and Marie Parfitt-Pattie, director of pharmacy development, had dinner with several alumni from the area. They welcomed the opportunity find out what these alumni are doing:

Eddie Wai, PharmD, '79 received a DO degree in Kansas and now practices as a primary care physician. Eddie is very interested in herbal medicine and is giving serious thought to going back to Hong Kong to further study traditional Chinese remedies...**Kathy Kudzia Naismith, PharmD, '79** practiced at UCSF for quite a while. She ran the home care service before becoming a director of pharmacy at Peninsula Hospital. She then joined Catholic Healthcare West where she is responsible for purchasing for the organization. She moved to Phoenix when the headquarters moved there...**Richard G. Thomas Jr., PharmD, '78** is director of the Regional Poison Center at Good Samaritan Regional Medical Center, Arizona's largest Hospital Poison Center. Richard coordinates projects with **Ted Tong, PharmD, '69** director of the Poison Center in Tucson...**Susan Hopkins, PharmD, '86** has two young children and practices part time as a clinical pharmacist in the Anti-Coagulation Clinic at Valley Lutheran Medical Center in Mesa. **Pamela Schweitzer, PharmD, '87** is now in an administrative role for the Phoenix Area Indian Health Service where she trains and facilitates clinical practice out in the field. Pamela enjoys climbing mountains, traveling and hiking with her family, including two preadolescent children.

Daniel C. Robinson, PharmD '76 Appointed Dean of Pharmacy at Northeastern University

"It's a pleasure to announce that someone as well-qualified as Dan will be leading the School of Pharmacy," said Stephen Zoloth, Dean of Bouve College of Health Sciences. "His superior qualifications, coupled with his outstanding breadth of experience in the field, make him a natural leader." As part of a major urban research university, the School is strategically positioned to advance the biopharmaceutical and clinical sciences, and the practice of pharmacy.

Dan was formerly associate professor and chair of the department of pharmacy at the University of Southern California (USC) in Los Angeles. He received his PharmD and completed his residency in hospital and clinical pharmacy at UCSF. He served on the faculty at the University of Nebraska College of Pharmacy from 1977-1982 where he was distinguished as Teacher of the Year.

While at USC, Dan had a joint appointment as associate professor of clinical medicine at USC's School of Medicine, and an appointment as adjunct professor at Nagoya City University, Japan. He established nine international

academic exchange agreements in seven countries during his tenure.

Gerhard Levy, BS '55, PharmD '58 Receives Honorary Degree from the State University of New York at Buffalo

Gerhard Levy recently received an honorary degree from the State University of New York at Buffalo. He has been awarded a number of honorary doctorates and is an elected member of the Institute of Medicine of the National Academy of Science.

Gerhard graduated from UCSF with a BS in 1955, then continued for the PharmD in 1958. He then went to the University of Buffalo (now the State University of New York at Buffalo) as assistant professor of pharmacy and eventually became the university distinguished professor of pharmaceuticals. Gerhard retired fully last year but continues as a consultant to the pharmaceutical industry and to patent attorneys. Gerhard returned over the years to UCSF as the Troy Daniels Lecturer and as the Sidney Riegelman Lecturer.

Gerhard's teaching focused on clinical pharmacokinetics and his research has been in the areas of biopharmaceutics, pharmacokinetics and pharmacodynamics. He received a myriad of academic honors. "My teachers at UCSF (notably the late Werner Schwartz and the late Frank Goyan) inspired me to become a teacher and researcher. I am very proud of the fact that two of my best students, Kathy Giacomini and Svein Oie (the latter now Dean at Georgia), who performed their PhD dissertation research under my direction, became full professors at my alma mater," he said.

Gerhard has three children and lives in Sarasota, Florida with his wife Rosalyn. They have two grandchildren and expect to welcome a third soon.

Alumni Awarded

Robert H. Hoy, PharmD '76 was named Illinois Health-System Pharmacist of the Year last September by the Illinois Council of Health-System. The following month, he became a clinical pharmacist at OSF St. Joseph Medical Center in Bloomington, IL, one of the top cardiac medical centers in the country. This followed his work as assistant director of pharmacy at St. Joseph Medical Center.

Lawrence S. Ishii, PharmD '71 was presented with the 2000 Distinguished Service Award by the Washington State Society of Health-System Pharmacists, and was the recipient of the 1998 David Almquist Award. This award is presented to pharmacists who have made consistently outstanding contributions toward the growth and development of both the local and state WSSHP professional

associations. Larry has served as the past president for the Northwest chapter of the WSSHP for four years and is now president-elect for the WSSHP Association. He also has been the president of the Board of Directors of the Bellingham Sister Cities Association for the past four years, remaining active in community service.

Jennifer Cocohoba, PharmD '2001 wins NACDS Essay Contest

Jennifer Cocohoba, currently a pharmacy practice resident in clinical pharmacy, submitted her essay as a 4th year student to the National Association of Chain Drug Store's (NACDS) Community Pharmacy Essay Contest for 2000-2001. Candy Tsourounis served as Jennifer's faculty advisor. The theme of the contest was "Patients have greater access to health information and are taking a bigger responsibility for their overall health care. What implications and opportunities does this trend present for community pharmacists?" Following are highlights from Jennifer's award-winning essay.

from "Community Pharmacists: A starring role in the trend towards self care"

It is not surprising that in the United States, a nation that stresses individualism, self-care is taken as a matter of fact. Minor ailments resolved at home can make way for the more acute cases that require immediate medical attention. Self-care seems to be an ever-increasing phenomenon and may be related to increased access to health information. The Internet has become one of the primary sources of information for many households. Interested patients can find a treatment for the common cold, look up symptoms of congestive heart failure, and even discuss their drug-related questions with an online pharmacist.

From the desk of Bob Day BS '58, PharmD '59

Many of you remember the information-packed alumni newsletters that Bob Day edited in the past. We are fortunate that he has agreed to write a recurring alumni feature for the *Alumni Voice*.

Alumnus Briefing: Gary W. Cleary, PharmD '66

Not to be unkind, but it's a fact that Gary Cleary has spent the better part of his career getting under, or on top of people's skin. And although they number in the millions, not one of them has complained. To the contrary, they are downright grateful.

"They" are the users of TTS-scop (Ciba), NitroDur (Key), Inhalaid and Inspirease (Schering Plough), all of which were developed by the teams for which he was project (creative) leader. "They" are also the wearers of three of Gary's brainchildren for which he holds the patent: TTS-Catapres, Nicotrol patches and Fempatch. And the ranks of "they" will increase considerably when two more of his patents (24-hour transdermal fentanyl and 24-hour high-dose transdermal nicotine) successfully emerge from Phase II/III testing. Or when some company exploits any of the 14 other patents he holds.

If you are humbled by his achievements, you should know that the "PharmD" appended to his name is followed by a few more abbreviations that have helped give him a different set of perspectives, including PhD (pharmaceutical chemistry, Rutgers) and MBA (Health Sciences, U of Miami.) Nevertheless, he fondly remembers his student days at UCSF, and particularly, the compounding lab. He even claims to be a compounding pharmacist of sorts, with a bent for formulation.

Maybe so, but when you press him, you learn that what he really does—and thinks—is a few thousand light years ahead of the mortar and pestle. Much of it has to do with envisioning, designing and testing systems that get a drug to where it needs to get efficiently, safely, effectively and usually over an extended period of time. As he guides you through the lengthy list of novel systems he has developed (including biological and inert membranes and matrices, lipid membranes, polymeric films, etc.), you cannot help but be struck by the scope of his seemingly limitless curiosity and ingenuity. He's even worked on pressure sensitive adhesives! (For humans, of course.) And biosensors, too!

That's Gary the scientist. On the other hand, there's Gary the scientist administrator. Indeed, he prides himself in his ability to organize an effective research effort, a feat that, at a minimum, involves pulling together the right people and securing the necessary resources. Then, there's Gary, the scientist entrepreneur, the person who created two successful startup companies (Cygnus and Corium International) and served as their president/chairman and chief technical officer. While running Cygnus, he played a major role in the development of GlucoWatch, a soon-to-be-released non-invasive glucose monitor system that has its origins in his *alma mater*. (The concept upon which GlucoWatch is based was developed in the School of Pharmacy by Professor Richard Guy.)

Gary lives in Redwood City, home also to Corium International, where at least one thing seems certain: whatever Corium accomplishes will be based on imaginative, super-sharp cutting edge science. He wouldn't have it any other way.

Direct-to-consumer advertisements also provoke patients to be more active with their health issues; however, many patients believe that because self-care tips have been printed, published, aired, or advertised they are safe enough to be considered "fact". Pharmacists would argue otherwise because they have the background information and training to discern between referenced fact and un-referenced anecdote, conjecture, and misinformation. Pharmacists can prevent negative aspects associated with self-care such as inappropriate self-treatment.

On the most ideal level, existing self-care sources would help create more of a health care partnership between patients and their providers. Most patients do not realize their information is lacking until they are in the pharmacy trying to choose a product. Pharmacists are the most qualified to answer self-care questions because of their extensive training, experience, knowledge, and resources.

A major advantage of community pharmacists is access. Pharmacists are located in the ideal place to provide professional intervention at a health care decision-making point. The pharmacist can act as a source of primary information, as a mode of verification, and as a bridge towards more intensive health care.

Save the Date for Homecoming 2001 and Class Reunions

By now all alumni should have received an invitation to **Homecoming 2001: All Roads Lead to H(R)ome**. The event is scheduled for November 2-3, 2001 on campus. Activities include an inaugural White Coat Ceremony for first-year pharmacy students, classes *with CE credit*, a student showcase, tour of the new Mission Bay campus, and a special dinner dance. Ernie Prien, Class of 1934, will be honored as Distinguished Alumnus of the Year. Last year's homecoming was a tremendous success, and this year's event will surely top it. Be sure to RSVP by October 10.

The following are reunion classes this year: 1996, 1991, 1986, 1981, 1976, 1971, 1966, 1961, 1956, 1951. Presidents of these classes have been encouraged to contact their classmates and make plans for individual reunion gatherings around Homecoming 2001.

For information about Homecoming 2001 and Class Reunions, please contact Antoinette Porter, UCSF Pharmacy Alumni Association, Tel 415/502-5274 or Email homecoming@support.ucsf.edu.

In Memoriam

Melvin T. Agnew, PharmG '25, Reuben Savin, PharmG '26, Charles G. Towne, PharmG '28, Dino J. Pucci, BS '28, Gordon R. Satterberg, PharmG '28, King Owen Tolles, PharmG '30, Steven J. Zlatunich, PharmG '32, Edwin J. Rathbun, PharmG '33, William Wickwire, BS, PharmG '34, Robert E. Seely, PharmG '37, Frank E. Nattell, BS '40, Masaaki Ito, BS '40, Jerome Michael Yalon, Sr., BS '41, Merle Emory Douglas, BS '47, George Frank Tharaldsen, BS '51, Raymond L. Neff, BS '52, Donald F. Craig, BS '53, Lee A. Myers, BS '53, Phyllis Pong Chang, BS '53, Theodore R. Purcell, BS '53, Vernetta Lee Chee, BS '58, Irwin E. Jackman, BS, PharmD '59, James S. Pyott, PharmD '68, Dennis Lem, PharmD '69, Lorraine Lee Owyang, PharmD '69, John G. Gambertoglio, PharmD '72, Patrick Mends, PharmD '96.

Keep us informed. Everyone wants to know what you're up to!

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